

## Term 1 Newsletter - No.1 – 3<sup>rd</sup> February 2023

### IMPORTANT DATES FOR TERM 1

#### February

2<sup>nd</sup> – 2Dream Music

9<sup>th</sup> – Prep Welcome BBQ – 4.30 pm  
– 6.30 pm

14<sup>th</sup> – Welcome Picnic 3.30 pm –  
6.00 pm

14<sup>th</sup> and 15<sup>th</sup> – Meet the Teacher –  
3.30 pm – 6.00pm

21<sup>st</sup> – Prep Information Night 6.00  
pm – 6.30 pm

23<sup>rd</sup> – Curriculum Day

#### March

2<sup>nd</sup> – Open Afternoon – Maths  
Games

13<sup>th</sup> – Labour Day holiday

14<sup>th</sup> – 17<sup>th</sup> – Naplan Testing – Years  
3 & 5

29<sup>th</sup> – School Photos

30<sup>th</sup> – Twilight Sport – 4.30 pm –  
6.30 pm

6<sup>th</sup> – School finishes – 2.30 pm

### Principal's Update

Dear families of the Yarra Glen Primary School community,

I wish you all a warm welcome to the 2023 school year and especially to our **new preps**. I would like to welcome several new staff, Elizabeth Verinder (Auslan Specialist), Meaghan Carter (PE/Performing Arts) and Penny Lambie (Business Manager). I would also like to mention that Leanne Swanson-Hill will be on long service leave and we hope she enjoys her time in Western Australia.

I would like to thank the families that worked tirelessly on the weekend to build our chook shed and tidy-up our veggie garden. I am looking forward to use this space to help students develop new skills, build self-confidence and have fun by spending time in the garden and growing food.



Our Quality Learning Program for our students will be timetabled for two weeks that entails setting whole school expectations, routines, a positive learning community, PERRI values, e-safety and growth mindset.

We are in the process of organising a leadership assembly in the next couple of weeks; arrangements are being made to contact our local member to present our student leadership badges. I take great pleasure in announcing the Student Leaders for 2023:

#### School Captains

Lachlan B, Margaux C, Grace V, and Claire L

#### House Captains

**Red House** – Quinn, Kade, Mya and Chase

**Blue House** – Leorah, Lincoln, Lachlan and Jacob

**Gold House** – Mitch, Will, Edward and Levi

**Purple House** – Margaux, Millie, Jack and Summer

**Library Leaders** – Chloe and Annie

**Art Leaders** – Eve and Sofia

**Environmental Leaders (Eco Warriors)** – Jordan and Mason B-W

## **National Student Well-Being Program**

I am pleased to mention we have received funding through the National Student Wellbeing Program (NSWP) for the 2023. In turn, we are able to maintain the Chaplaincy Program and Sarah Russell will be working with our students two days per week.

## **School Council and Sub-Committees**

Our first School Council meeting will be on 8<sup>th</sup> February to close out December 2022 and January 2023 reports. We will be having our Annual General Meeting (AGM) on Thursday 14<sup>th</sup> March at 6.30pm. Call for nominations/notification will be sent out in the next few weeks. There are several School Council member positions and vacancies for election. We are keen to fill School Council and sub-committee positions and for parents to help make a positive contribution to the school community. If you would like to volunteer and support our school in any way, please contact the school office. There are so many positives in being involved.

## **Communication**

As a school we strive to have timely communication so please refer to our Sentral dashboard, push notifications, newsletter, Facebook and school website for all news, notifications, updates, reminders and events. At the start of each term your child's classroom teacher will also be sending out a term overview with key dates and reminders.

## **Assembly**

This is a friendly reminder that our whole school assembly will be held every Friday at 3.00-3.30pm. To promote our school culture, our assemblies are student led and as a school community we endeavour to celebrate student achievement/work, PERRI values and student voice. If you are unable to attend we endeavour to have a webEx option. The YGPS assembly webEx meeting details are as follows:

### **Join from the meeting link**

<https://eduvic.webex.com/eduvic/j.php?MTID=m22cd4580fc6ddd1c7c5590eeba81d024>

OR

### **Join by meeting number**

Meeting number (access code): 2652 311 3642

Meeting password: YGPS2022

### **Policies reviewed at School Council will be communicated to our school community in the following ways:**

- Available publicly on school website
- Discussed at parent information nights/sessions
- Annual reference in school newsletter
- Hard copy available from school administration upon request

Thank you

Jeff de Villa, Principal



Congratulations to the students of Yarra Glen Primary. It has been wonderful to see their enthusiasm and excitement this week in learning a new language. I look forward to teaching them this year.

Liz Verinder (Mrs V)



In Term One Yarra Glen PS students are being introduced to Auslan.

The P-2 students are learning what being deaf means and will explain what Auslan is and how people that are deaf communicate. They will be introduced to basic greetings, colours, and farm animals. The Grade 1/2 students will also learn to fingerspell their name. The students are learning that facial expressions and movement changes the meanings of signs.

The 3-6 students are developing an understanding of what it is like to be deaf and some strategies to assist in communicating with a deaf/hard of hearing person. The students are learning what Auslan means and will be introduced to some basic words so they can develop their Auslan vocabulary, including basic greetings, colours, numbers, animals and fingerspelling the alphabet. The students are learning that Auslan relies on a combination of handshapes, movements, and facial expressions to deliver messages.

## TEN REASONS TO LEARN AUSLAN

YOU CAN TALK ACROSS A ROOM WITHOUT SHOUTING

**You can make new deaf friends.**

Auslan brings people together.

You can sign under water.

*You can talk when your mouth is full.*











**Auslan is lots of fun.**

You get a useful skill for life.

You can talk to your friends through a window.

Auslan is Awesome.

**YOU CAN HAVE PRIVATE CONVERSATIONS.**

				
				
<b>Good morning</b>	<b>Good Afternoon</b>	<b>Please</b>	<b>Thank you</b>	<b>How are you?</b>

PLEASE NOTE: There is more than one way to sign some words. We will normally use a different sign for morning.



# STUDENTS OF THE WEEK



## Term 1 — Week 1

Prep Y	Prep G	1/2 Y
Entire Class	Entire Class	Summer Darrington
1/2 G	1/2 P	3/4 Y
Sam Oakley Phoebe Kaddis	Piper Daniel	Entire Class
3/4 G	5/6 Y	5/6 G
Entire Class	Margaux Cannell	Caleb Fries
AUSLAN	ART	PE / PERFORMING ARTS
Jax Moate		



# STUDENT LEADERS 2023

Congratulations to all our Student Leaders



# BORDERLINE PERSONALITY DISORDER

**DATE TUESDAY, 28 FEBRUARY 2023**

<b>Presented by:</b>	Natalie Bischof (Clinical Psychologist) Clinician/ Case Manager  Intensive Mobile Treatment Team	Jacqui Lye (Registered Mental Health Nurse) Team Leader, Clinician/ Case Manager  Intensive Mobile Treatment Team
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**This workshop will focus on:**

- Exploration of the challenges of working with people with a diagnosis of Borderline Personality Disorder (BPD).
- Building awareness and understanding around BPD.
- Understanding some differences between BPD and Complex Post-Traumatic Stress Disorder
- Considering BPD through a developmental and attachment lens.
- System and individual treatment approaches.
- Recognising the unhelpful patterns, we fall into when working with people with BPD and what to do then
- How to think about, and respond to risk, in YOUR role.
- How to avoid iatrogenic (treatment-related) harm.
- To reflect on how our new understanding of BPD can assist us to have positive, helpful interactions with people with BPD

<b>Target audience:</b>	Staff working in a range of settings including education, housing (including out of home care), youth justice, health and child and family services.
<b>Time:</b>	9.30 AM to 12.30 PM
<b>Cost:</b>	\$40.00 (exclusive of fees)

## PAYMENT DETAILS

Eastern Health Community Seminars has now made it easier for you to make your direct payments via Eventbrite.

- For all individual bookings, book and pay directly via Eventbrite: **Option 1**
- For all group bookings from organisations wishing to make a booking for a number of people: **Option 2**

<b>Bookings &amp; Registration:</b>	<b>Option 1</b>	<b>INDIVIDUAL PAYMENT DIRECTLY VIA EVENTBRITE</b> Payment made directly online  Link: : <a href="https://www.eventbrite.com/e/borderline-personality-disorder-tickets-513554624707">https://www.eventbrite.com/e/borderline-personality-disorder-tickets-513554624707</a>
	<b>Option 2</b>	<b>GROUP PAYMENT</b> Obtain a registration form and receive a group account via Eastern Health  Email: <a href="mailto:CommunitySeminarCYMHS@easternhealth.org.au">CommunitySeminarCYMHS@easternhealth.org.au</a>

**Location:** ONLINE DELIVERY 📺 via Zoom

**Contact:** Marion Bernard  
Community Engagement Seminars on 9871 7710

All prices and dates quoted are subject to change by CYMHS. Seminar fees are kept as low as possible. Enrolled participants will be notified of any changes to advertised programs when necessary. Participants are not entitled to a refund unless **WRITTEN** cancellation has been received at least 24 hours prior to the event. The department reserves the right to cancel any scheduled programs when necessary and course fees will be refunded if the course is cancelled. [www.easternhealth.org.au](http://www.easternhealth.org.au)





# VACCA

Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY

Every child deserves to smile

## Become a foster carer with VACCA

[www.vacca.org](http://www.vacca.org)



Have you been thinking about becoming a foster carer? Kids in your area need care!

Are you able to provide Aboriginal children and young people with a positive and nurturing family life experience that will support their needs?

Will you be prepared to support a child's cultural and emotional needs?

At VACCA we are seeking carers who are open to a journey that is both challenging and rewarding; carers who believe that they can make a positive impact on a child's life.



Make this the year you make a difference, express your interest by visiting **[www.vacca.org](http://www.vacca.org)** or by calling one of our offices.





# HEALESVILLE NETBALL ASSOCIATION 2023 *Season Starting Soon!!*

## CONTACT US ABOUT:

- NETSETGO (Ages 5-10)
- JUNIOR COMP (Ages 7-14)
- OPEN MIXED SOCIAL COMP (AGES 15+ YRS OLD)

ALL SKILL  
LEVELS

## GIRLS & BOYS WELCOME

ALWAYS LOOKING FOR NEW PLAYERS, COACHES, JUMPERS AND SPONSORS

ALL GAMES PLAYED  
ON THURSDAYS FROM  
5PM ONWARDS AT  
HEALESVILLE HIGH

CALL AMY ON 0433197213  
OR EMAIL

HEALESVILLENETBALLASSOCIATION@GMAIL.COM

# FREE **Bookaburra** Story Time

Excludes public and school holidays.

**Monday 9:15am - Mt Dandenong Primary School**

13-15 Fardons Rd, Mt Dandenong

**Tuesday 9:30am - Mt Evelyn Reading Room**

Wray Cres, Mt Evelyn

**Wednesday 9:15am - Japara Neighbourhood House**

54-58 Durham Rd, Kilsyth

**Wednesday 10:30am - Monbulk Reading Room**

Main St, Monbulk

**Thursday 9:15am - Chirnside Park Community Hub**

33 Kimberly Dve, Chirnside Park

**Friday 9:15am - Victoria Rd Primary School**

Victoria Rd, Lilydale



**Join volunteer story tellers and enjoy  
some favourite stories and songs.**

Suitable for children 0-6 years - No booking required!

For enquiries contact: Yarra Ranges Council

1800 368 333 / [earlyyears@yarraranges.vic.gov.au](mailto:earlyyears@yarraranges.vic.gov.au)



Yarra Ranges Council is a Child Safe Organisation



# Parenting Anxious Children

For parents and carers of children 0-8 years

Does your child worry, feel anxious and seem stressed at times?  
Would you like to gain a greater understanding of anxiety and learn  
some helpful strategies to support your child?

**Wednesday  
22nd February  
2023**

**7.00-8.00pm**

**Via zoom**



## **This information session will cover:**

- Understanding the role of anxiety and normal childhood development
- The signs and symptoms in your children
- Types of anxiety disorders
- What's helpful and not helpful
- Methods and strategies to support your children
- Relaxation techniques and tools, mindfulness, breathing etc.
- Where to go for more information/help

**To register visit: <https://www.trybooking.com/CFBKG>**

Enquiries Contact: Michelle Lehmann  
Early Years Community Support Officer  
[earlyyears@yarraranges.vic.gov.au](mailto:earlyyears@yarraranges.vic.gov.au) / 1300 368 333



Presented by Anxiety Recovery Center Victoria





## Raising Resilient Kids

A Parents Building Solutions Program  
for parents and carers of children aged 4 to 12 years

**Would you like to:**

- Learn strategies to help your child bounce back from adversity?
- Support your child to cope with change?
- Deal with anger and anxiety?
- Improve your communication and with your child?
- meet other parents also wanting to raise resilient children

**Join us to learn strategies, share stories and take some time out for you.**

**When:** Tuesday afternoons (6-week program)

**Dates:** Tue 28th Feb to Tue 4th April

**Time:** 12.30 to 2.30 pm

**Where:** Online via Zoom.

**Cost:** Free of charge for parents and carers in Melbourne's Eastern Region.

**Please Note:** You will need a device that has access to video and audio, as well as a quiet child-free place to participate.

**Bookings:** [Click here](#)

**Enquiries:** [sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)

[anglicarevic.org.au](http://anglicarevic.org.au)

**PARENT**ZONE





## Talking Tweens

### A Parents Building Solutions Program For Parents of Children Aged 8 to 13 years

**Do you want to:**

- Understand tween development?
- Improve communication with your child?
- Deal with anger and anxiety?
- Establish boundaries with your child around challenging behaviors?
- Deal with conflict?
- Improve relationships?
- Connect with other parents of tweens aged 8 to 12 years?

**When:** Tuesday evenings (6 sessions)

Tuesday February 21st to March 28th 2023

**Time:** 7:00 to 9:00pm

**Where:** Online via Zoom.

**Cost:** Free of charge

**Registrations:** [click here](#)

**Enquiries:** [sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)

**Please Note:** Participants will need access to a device with video and audio in order to participate

***Come along to these 6 interactive sessions. Learn strategies and share stories to parent 8 to 13 year olds.***

**PARENT**ZONE

BETTER  
TOMORROWS



# Talking Teens

**A Parents Building Solutions Program  
For Parents of Teenagers aged 13 to 18 years**

**Do you want to:**

- Improve your relationship with your teen?
- Improve communication?
- Explore positive approaches to discipline?
- Understand why young people behave the way they do?
- Learn effective ways to deal with teen emotions?

***Come along to these 6 interactive sessions to share stories and learn strategies to parent 13 to 18 year olds.***

**When:** Monday evenings (6 sessions)  
Mon 13th Feb to Mon 27th March 2023  
(no session on Labour Day Mon 13 March)

**Time:** 7.00 pm - 9:00 pm

**Where:** Online via Zoom

**Cost:** Free of charge, bookings essential

**Registrations:** [click here](#)

**Enquiries:**

deborah.trengove@anglicarevic.org.au

anglicarevic.org.au

**PARENTZONE**

**BETTER  
TOMORROWS**